

Atisha's Prayer to Tara who Protects from the Eight Fears

OM I prostrate to her who protects from the eight fears.

I prostrate to her who blazes with the glory of
auspiciousness.

I prostrate to her who closes the door to lower realms.

I prostrate to her who leads on the path to the
higher realms.

Please guide me always.

Continue to protect me with your compassion.